

Rugby High School Track & Field Results
CENTRAL NORTH DAKOTA CONFERENCE INDOOR INVITATIONAL
Minot State University Dome - MSU, Minot, ND – Friday, April 6, 2018

55 Meter Dash

Kristina Brossart - 7.24 - 1st place
Mikaylee Livedalen - 8.23
Brooke Senger - 8.27
Hannah Follman - 8.32
Emily Salwey - 8.39
Bella McCabe - 8.69
Annie Risovi - 8.85

200 Meter Dash (Times suspect because of marshalling)

Kristina Brossart - 27.39 - 4th place
Anni Stier - 28.50
Bella McCabe - 31.16
Brooke Senger - 31.23
Hannah Follman - 31.45
Emily Salwey - 31.80

400 Meter Dash

Anni Stier - 1:04.69 - 1st place
Hannah Follman - 1:14.03
Brooke Senger - 1:16.70
Emily Salwey - 1:19.98

800 Meter Run

Tristin Lunde - 2:40.41 - 3rd place
Mykell Heidlebaugh - 2:52.53 - 8th place
Kendyl Hager - 3:00.92
Dessa Denich - 3:02.37

1600 Meter Run

Karsyn Hager - 6:10.56 - 3rd place
Ellie Duchscherer - 6:40.20
Anna Clements - 7:06.14
Amber Schmaltz - 7:06.96
Braelynn Oppen - 7:50.79

3200 Meter Run

55 Meter Hurdles

Maria Blessum - 9.22 - 1st place
Emily Salwey - 10.66
Peyton Hauck - 12.03
Bella McCabe - 12.14

Long Jump

Sara Stier - 15'6¼" - 2nd place
Peyton Hauck - 14'5¼"
Kelly Swanson - 13'8"
Mikaylee Livedalen - 13'0"
Annie Risovi - 10'8"

Triple Jump

Sara Stier - 32'8¼" - 3rd place
Kelly Swanson - 30'11¾" - 6th place
Mikaylee Livedalen - 25'3¾"
Annie Risovi - No Mark

Pole Vault

Maria Blessum - 10'0" - 1st place
Kelly Swanson - 7'0" - 3rd place
Anna Clements - 7'0" - 4th place

High Jump

Sara Stier - 4'11" - 2nd place
Peyton Hauck - No Height

Shot Put

Whitney Gronvold - 30'7½" - 6th place
Angela Kuhnhenh - 25'10"
Lexi Vetsch - 19'6"

4 x 1 Lap(160 Meter) Relay

Maria Blessum(19.85), Anni Stier(22.72)
Sara Stier(22.86), Kristina Brossart(22.53)
1:27.96 – 1st place

4 x 400 Meter Relay

Kristina Brossart(1:12.91), Tristin Lunde(1:07.40)
Maria Blessum(1:05.91), Anni Stier(1:03.01)
4:29.23 - 2nd place

4 x 800 Meter Relay

Ellie Duchscherer(2:51.75), Anna Clements(3:08.23)
Mykell Heidlebaugh(2:54.61), Tristin Lunde(2:46.57)
11:41.16 - 5th place

GIRLS TEAM SCORES

1. Rugby - 120
2. Harvey-Wells County - 58
3. Carrington - 45½
4. Shiloh Christian - 42
5. Des Lacs-Burlington/Lewis & Clark - 37
6. New Rockford-Sheyenne - 29
6. Trenton/Trinity Christian - 29
8. Benson County - 27
8. Edgeley/Kulm - 27
8. New Town - 27
11. Garrison/Max - 21½
12. Northern Lights - 20
13. Stanley - 19
14. Glenburn - 14
15. Glen Ullin/Hebron - 10
15. Southern McLean - 10
15. Dunseith - 10
18. Mohall-Lansford-Sherwood - 8
19. Velva/Drake-Anamoose - 5
20. Rolette/Wolford - 4
20. South Prairie - 4
20. Powers Lake - 4
20. Parshall - 4